

USING TRANSTAPE

Tips, Tricks, and Thoughts

an info guide by AJ Freno

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PREPARE YOUR SKIN

- Wash and dry your skin thoroughly first
- Make sure your skin is free of lotions or oils
- If necessary, shave your chest before use

PROTECT YOUR BODY

- Patch test a small spot before use
- Cover your nipples with tissue, toilet paper, gauze, etc. before applying Trans Tape!

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GUIDES TO APPLYING

Watch one of TransTape's video tutorials of how to apply the tape correctly for your body and chest type: tinyurl.com/yw2swrdj

BE CAREFUL!

- Leave tape on for only 2-4 days at a time Do
- not pull or stretch your skin when applying Do
- not apply all the way around chest or back

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GUIDES TO REMOVING

Removal videos:

Larger chests: <https://tinyurl.com/mrbemr7a>

Smaller chests: <https://tinyurl.com/2yxuxteh>

TIPS FOR REMOVING

- Fully saturate tape with oil to remove
- Pull tape off in the direction body hair grows
- Apply lotion or coconut oil after removal

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OTHER TIPS

- Cut rounded edges before applying
- Avoid touching the sticky parts of the tape
- You can get TransTape wet - but make sure to dry thoroughly afterwards

SOURCES:

[HTTPS://TRANSTAPE.LIFE/PAGES/HOW-TO-TRANSTAPE](https://transtape.life/pages/how-to-transtape)

[YOUTUBE.COM/@TRANSTAPE](https://www.youtube.com/@transtape)

[GENDERGP.COM](https://gendergp.com) - TRANS TAPE FOR CHEST BINDING

[YOUTUBE.COM/@AARONC](https://www.youtube.com/@aaronc) (TRANS TAPE TUTORIALS)